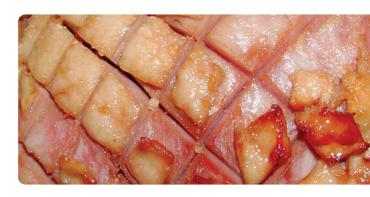
Gammon in Strong Spiced Cider

Made with Biddenden Monks Delight Spiced Cider, delicious hot or cold

Ingredients

- 1 x 2.5-3kg (5-6lb)
- Gammon joint (pre-soaked in cold water for 24 hours)
- 600ml of Biddenden Monks Delight Spiced Cider
- 1 chopped onion
- 6 allspice berries
- 4 cloves
- 2 bay leaves
- 1 tsp of OXO reduced salt Vegetable stock granules Basting mixture
- 1 tsp of mixed spice
- 2 tbsp of Demerara sugar
- Squeeze of honey
- 1 tsp of mustard
- 1 cup of Biddenden Monks Delight Spiced Cider

Serves 8-12



Method

- 1. Place joint and all of the above except the basting mix into a large pan and bring to the boil, then summer for approx 1 hour.
- 2. Remove the joint, place in a roasting pan, remove the skin leaving the fat on the joint and make a diamond pattern in the fat. Stud with cloves and baste with the basting mixture.
- 3. Roast at 200℃ for 10 minutes per ½ kg or 1lb, basting every 20 minutes. If it colours very quickly, cover with foil to prevent burning

Submitted by Biddenden Vineyards





